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DHUPGURI GIRLS' COLLEGE

DHUPGURI * JALPAIGURI * PIN-735210

E-mail : dhupgurigirlscollege1@gmail.com * Website : www.dhupgurigirlscollege.ac.in

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Ref. No.....

Date 03/02/2023



Notice

Subject: Invitation to Attend

Dear Volunteers,

This is to inform you that the NSS Unit of Dhupguri Girls' College is organizing a program titled. "Awareness Programme on Menstrual Hygiene" On 08/02/2023

The event will take place at Maranga from 11:00 a.m.
Choupathi

We extend a warm invitation to all volunteers participate in this program and make it a success. Your presence and active involvement are highly appreciated and valued.

For any queries or further information regarding the program, please feel free to contact Amina Parvin, Assistant Professor and NSS Program Officer, Dhupguri Girls' college

We look forward to your enthusiastic participation.

Thank you.

Sincerely,

-AR-03/02/2023
AMINA PARVIN
Program Officer,
Dhupguri Girls' College, NSS Unit
Phone number 7908581466

Ronita
Principal
Dhupguri Girls' college
Principal
Dhupguri Girls' College
Dhupguri - Jalpaiguri


Principal
Dhupguri Girls' College
Dhupguri - Jalpaiguri



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Report on Awareness Program on Menstrual Hygiene

Date: 08.02.2023

Venue: Moronga, Chowpati by Dhupguri Girls' College, NSS Unit

The Awareness Program on Menstrual Hygiene organized by the NSS Unit of Dhupguri Girls' College on 8th February 2023 was a resounding success, aiming to educate young women about menstruation and foster a culture of hygiene and empowerment.

The program commenced with an informative session led by healthcare professionals, covering topics such as menstrual cycle basics, hygiene practices, and debunking myths surrounding menstruation. Interactive discussions allowed participants to ask questions and share experiences, fostering a supportive environment.

Demonstrations on proper menstrual hygiene product usage were conducted, showcasing various options available and emphasizing the importance of proper disposal to maintain environmental sustainability.

Furthermore, the event highlighted the significance of breaking taboos surrounding menstruation, promoting open dialogue, and providing support networks for women to feel confident and empowered during their menstrual cycle.

The program concluded with participants pledging to spread awareness within their communities and schools, ensuring that the knowledge gained would have a ripple effect beyond the event. Overall, the program proved instrumental in promoting menstrual health and hygiene among young women, contributing to their overall well-being and empowerment.

TOTAL NUMBER OF PARTICIPANTS: 31


Principal
Dhupguri Girls' College
Dhupguri & Jalpaiguri



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PHOTO GALLERY



Ronita
Principal
Dhupguri Girls' College
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ATTENDANCE SHEET

ATTENDANCE SHEET NSS OUTREACH PROGRAMME DHUPGURI GIRLS' COLLEGE Date: 08-02-2023

Name: Awareness Programme on Menstrual Hygiene

SL	NAME	Semester/Designation	Signature	Mobile No. (if any)
1	Rosida Banu		Rosida Banu	
2	Sahina Khatun		Sahina Banu	
3	Rubina Parvin		Rubina Parvin	
4	Rozina Parvin		Rozina Parvin	
5	RESI da Banu		Rozina Parvin	
6	Laili Khatun		Rozida Banu	
7	Ranjana Khatun		Laili Khatun	
8	Aleya Banu		Ranjana Khatun	
9	Sahera Banu		Aleya Banu	
10	Rohama Khatun		Sahera Banu	
11	Rubina Khatun		Rohama Khatun	
12	Tajmura Parvin		Rubina Khatun	
13	Masuda Parvin		Tajmura Parvin	
14	Tahin Parvin		Masuda Parvin	
15	Ayesha Banu		Tahin Parvin	
16	Masuma Parvin		Ayesha Banu	
17	Hosonara Parvin		Masuma Parvin	
18	Sahana Parvin		Hosonara Parvin	
19	Rawsanara Parvin		Sahana Parvin	
20	Riya Parvin		Rawsanara Parvin	
21	Rimona Parvin Banu		Riya Parvin	
22	Safina Khatun		Rimona Banu	
23	Sumana Parvin		Safina Khatun	
24	Tohmina Akhila		Sumana Parvin	
25	Resmi Parvin		Tohmina Parvin	
26	Mohosina Parvin		Resmi Parvin	
27	Chumki Parvin		Mohosina Parvin	
28	Arpin Parvin		Chumki Parvin	
29	Sahana Parvin		Arpin Parvin	
30	Sumaiya Yesmin		Sahana Parvin	
31	Piyali Parvin		Sumaiya Yesmin	


Principal
Dhupguri Girls' College
Dhupguri & Jalpaiguri